

Lahti Summer School 2024 - CO DESIGN BETTER URBAN LIVING AND WELLBEING

Structure of the programme 27 May – 7 June 2024 (draft 7.2.2023/sh)

Day	1	2	3	4	5	6	7	8	9	10		
	Monday 27.5.	Tuesday 28.5.	Wednesday 29.5.	Thursday 30.5.	Friday 31.5.	Saturday 1.6.	Sunday 2.6.	Monday 3.6.	Tuesday 4.6.	Wednesday 5.6.	Thursday 6.6.	Friday 7.6.
Morning	Welcome! Starting the Summer School Goals and methods of the Summer School	Our impact on the environment Lectures Assignments Teamwork	Urban green areas Lectures Assignments Teamwork	Well-being and health impacts Lecture & Field trip to the Health Forest	Review of progress Finishing the presentation	Trip to Helsinki	Free day	Co-design Lectures Assignments Teamwork	Better urban living Work in teams	Project work Project team meeting with supervisor & work in team	Finishing the tasks Work in teams	Final presentations Presentations # 15 min/team
Afternoon	Introduction to the theme of Planetary Health Case announcement & team building	Lecture Work in teams	Lecture Work in teams	Lecture Work in teams	Project work presentations All teams, current situation and peer evaluation			Lecture Work in teams	Excursion / Field visit	Work in teams	Checking the final presentation for Friday with the supervisors	Presentations continue... Conclusion & Feedback Coffee & Cake Goodbye!
Evening		Get together & Picknick		Getting to know Lahti - walking tour		Back to Lahti		Getting to know Finnish sauna			Farewell Dinner	